

# November 1-2

## 2008 Washington State Wrestling Coaches Clinic

High School Coaches  
Middle School Coaches  
Youth Program Coaches

Great Wolf Lodge  
Grand Mound, WA

### Greg Strobel Lehigh University



**Two-Time NCAA Champion** at Oregon State University  
1973 NCAA Outstanding Wrestler Award (in Seattle)  
U.S. Olympic Coach in 1996 and 2000  
1998 USOC Coach of the Year  
1999 USOC Developmental Coach of the Year  
2004 NWCA Coach of the Year  
Lehigh University Head Coach 1994-2008  
Currently Assistant Athletics Director at Lehigh  
22 Years coaching USA Wrestling Teams  
Member of the NCAA Rules Committee  
Member of the USA Wrestling Board of Directors

### Mike Rogers Lock Haven University



Mike Rogers is an assistant wrestling coach at **Lock Haven University**. Rogers is a former two-time All-American grappler for the Bald Eagles and three-time NCAA qualifier.

Rogers competed at Lock Haven from 1994 through 1997, capturing NCAA Division I All-America honors in his final two seasons (1996, 1997) after finishing sixth at 150 pounds on both occasions. He was the 1996 Gorrarian Award winner at the national championships, recording the most pins in the least amount of time.

#### Tentative Presentations

WIAA Weight Management Session  
Middle School Programs  
Girls Wrestling Session  
Many more to be determined as presenters are added to the conference

#### Tentative Presentations for additional fee

First Aid and CPR Certification  
USA Wrestling Bronze Coaching Class (pre-register)

# 2008 Washington State Wrestling Coaches Clinic

Saturday-Sunday, November 1-2, 2008 - Grand Mound, Washington

**Fit this clinic into your schedule!** Does your school reimburse for professional training? Encourage and invite your high school, middle school, youth and club coaches to attend. This year's clinic offers several coaches presenting on a variety of topics. Learn about the nuts and bolts of wrestling from the mental and physical aspect of wrestling.

WIAA Clock Hours Available for coaching clock hours and salary advancement.

## Clinic Schedule

### Saturday, November 1

8:00 am - 9:00 am

Registration

9:00 am - 1:00 pm

General Sessions with featured Clinician

Breakout Sessions with presenters

1:00 pm - 2:00 pm

Lunch/WSWCA Meeting

2:15 pm - 4:45 pm

General Sessions with featured Clinician

Breakout Sessions with presenters

4:30 pm - 9:00 pm

Hall of Fame Banquet and Social

### Sunday, November 2

9:00 am - 12:30 pm

General Sessions with featured Clinician

Breakout Sessions with presenters

## Hotel Accommodations

A typical room at the Great Wolf Lodge runs at least \$300 on the weekend. But the entire complex is reserved for the WSWCA Clinic and rooms are available for just \$99 a night.

Bring the family as they have an indoor water park, games and much more. Water Park Tickets are included. We are getting a great rate. The Lucky Eagle Casino is 8.5 miles away.

Website for more info:

[www.GreatWolf.com](http://www.GreatWolf.com)

Call 1-800-640-WOLF (9653)

You must use this code when reserving a room for the weekend of November 1:

**0810WAST**

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## Registration Form

Name: \_\_\_\_\_ WSWCA# \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

School/Club: \_\_\_\_\_

School/Club Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

### Clinic Registration Fee

#### OPTION A

#### Washington State Coaches

\$ 140.00 includes:

WSCA Membership

Clinic Sessions

Lunch Saturday

Hall of Fame Dinner Saturday

#### OPTION B

#### Currently Have WSCA Membership

#### Out-of-State Coaches

\$105.00 includes:

Clinic Sessions

Lunch Saturday

Hall of Fame Dinner Saturday

#### Make Checks Payable to:

WSWCA

#### NO Purchase Orders Please

Questions: e-mail [kmcnulty@hotmail.com](mailto:kmcnulty@hotmail.com) or [blucas@fwps.org](mailto:blucas@fwps.org)

#### Mail to:

WSWCA

21808 69th St. E

Lake Tapps, WA 98391

Washington State Coaches Association (WSCA) dues are valid for the Association year September 1, 2008 to August 31, 2009.

**STRENGTH OF OUR ASSOCIATION!** Washington State Wrestling Coaches Association is the strongest segment of the WSCA - Keep it up!